

Maple Grove High School

2000 TCSC West Track & Field Championship
Coon Rapids High School - Monday 05/22/00 to Tuesday 05/23/00

Hy-Tek's MEET MANAGER
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SCORES FOR GIRLS

Rank	School	Score	Rank	School	Score
1	Anoka	181.50	5	Elk River	72
2	Coon Rapids	148	5	Osseo	72
3	Park Center	83	7	Maple Grove	63.50
4	Blaine	78			

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COMPLETE RESULTS - FINALS

Girls 3,200 Meter Run

Finals - Results - Monday 05/22/00

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Katie McGill	Osseo	11:53.36	2	10
2	Katy Nagel	Maple Grove	11:57.17	2	8
3	Heidi Lindeman	Coon Rapids	11:58.34	2	6
4	Lindsay Bachigalupo	Anoka	12:01.44	2	5
5	Annie Wells	Maple Grove	12:11.78	2	4
6	Monica Moreland	Osseo	12:22.33	2	3
7	Sara Frederickson	Elk River	12:26.56	2	2
8	Kari Lindeman	Coon Rapids	12:29.28	1	1
9	Randi Warhol	Elk River	12:29.85	1	
10	Chrissy Anderson	Coon Rapids	12:43.00	2	
11	Diana Berlinerblau	Anoka	12:43.18	2	
12	Ashley Turner	Coon Rapids	12:43.58	2	
13	Katie Frazer	Osseo	12:55.74	1	
14	Emily Swanson	Osseo	12:57.14	1	
15	Adrea Salem	Park Center	13:01.23	2	
16	Steph Nelson	Park Center	13:17.21	2	
17	Nicole Olson	Elk River	13:25.27	1	
18	Alison Schmidt	Blaine	13:28.47	1	
19	Veronica Kramer	Maple Grove	13:28.90	1	
20	Sara Vanderberg	Maple Grove	13:30.34	1	
21	Tiffany Banken	Elk River	13:31.65	1	
22	Whitney Ahlvers	Park Center	13:35.59	1	
23	Stephanie Peterson	Anoka	13:39.28	1	
24	Stacie Holmgren	Blaine	13:48.59	1	
25	Nicole Trombley	Anoka	13:53.15	2	
26	Miranda Wren	Blaine	14:40.33	1	
27	Rachel Blankson	Park Center	16:21.17	1	

Girls 100 Meter High Hurdles

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Jen Albers	Coon Rapids	14.99	10
2	Reanna Avery	Park Center	15.05	8
3	Rachelle Dosch	Anoka	15.39	6
4	Mary Truchon	Blaine	15.52	5
5	Molly Bauman	Coon Rapids	15.79	4
6	Andrea Hansen	Anoka	16.42	3
7	Stephanie Dick	Elk River	16.56	2
8	Jenna Libersky	Osseo	16.96	1

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COMPLETE RESULTS - FINALS

Girls 100 Meter Dash

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Amy Harris	Park Center	12.69	10
2	Melody DeLeon	Coon Rapids	12.79	8
3	Adda Ojiaku	Park Center	12.83	6
4	Ashley Stuhr	Coon Rapids	12.89	5
5	Becca Price	Park Center	12.96	4
6	Lesley Vangelof	Blaine	13.02	3
7	Theresa Fritz	Anoka	13.09	2
8	Shannon Jackson	Anoka	13.53	1

Girls 400 Meter Dash

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Kou Luogon	Park Center	59.39	10
2	Laurisa Ewert	Anoka	60.19	8
3	Fallon Prebeck	Anoka	60.79	6
4	Jenny Larsen	Blaine	60.86	5
5	Allison Ashley	Coon Rapids	61.46	4
6	Alissa Ochs	Osseo	61.66	3
7	Missy Discher	Anoka	63.56	2
8	Adi Luedke	Anoka	64.59	1

Girls 300 Meter Low Hurdles

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Alison Foley	Anoka	48.61	10
2	Molly Bauman	Coon Rapids	48.64	8
3	Jamie Shanahan	Anoka	49.34	6
4	Stephanie Dick	Elk River	49.77	5
5	Jessica Spelbrink	Blaine	50.24	4
6	Katie Eichten	Coon Rapids	51.74	3
7	Jen Albers	Coon Rapids	52.38	2
8	Katie Lien	Blaine	52.51	1

Girls 800 Meter Run

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Megan Manthe	Anoka	2:18.72	10
2	Jenelle Moehn	Osseo	2:23.26	8

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COMPLETE RESULTS - FINALS

Girls 800 Meter Run (Continued)

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
3	Kim Korus	Elk River	2:28.16	6
4	Kristi Moravec	Maple Grove	2:28.39	5
5	Jamie Bachigalupo	Anoka	2:28.99	4
6	Sara Reynolds	Anoka	2:29.39	3
7	Kelly Faulkner	Maple Grove	2:30.33	2
8	Julie Shuldheisz	Anoka	2:31.50	1
9	Nancy Caldwell	Coon Rapids	2:35.57	
10	Jodi Kirk	Elk River	2:36.07	
11	Jessica Moll	Park Center	2:37.94	
12	Tanya Fenstra	Elk River	2:39.94	

Girls 200 Meter Dash

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	PTS
1	Adda Ojiaku	Park Center	26.17	10
2	Melody DeLeon	Coon Rapids	26.20	8
3	Jenny Larsen	Blaine	26.34	6
4	Ashley Stuhr	Coon Rapids	26.50	5
5	Lesley Vangelof	Blaine	26.94	4
6	Nicole Wagoner	Blaine	27.60	3
7	Tara Masterson	Anoka	27.94	2
8	Theresa Fritz	Anoka	28.17	1

Girls 4x800 Meter Relay

Finals - Results - Tuesday 05/23/00

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	10:17.42	10
2	MG	Maple Grove	10:28.20	8
3	ER	Elk River	10:30.00	6
4	CR	Coon Rapids	10:36.58	5
5	B	Blaine	11:04.54	4
6	O	Osseo	11:17.22	3
7	PC	Park Center	11:29.96	2

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COMPLETE RESULTS - FINALS

Girls 4x200 Meter Relay

Finals - Results - Tuesday 05/23/00

PLACE	RELAY	AFFILIATION	TIME	PTS
1	PC	Park Center	1:47.74	10
2	CR	Coon Rapids	1:48.21	8
3	B	Blaine	1:49.24	6
4	A	Anoka	1:49.81	5
5	O	Osseo	1:53.24	4
6	ER	Elk River	1:53.88	3
7	MG	Maple Grove	1:57.75	2

Girls 1,600 Meter Run

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	TIME	HT	PTS
1	Annie Wells	Maple Grove	5:27.41	2	10
2	Tegan Moehn	Osseo	5:29.21	2	8
3	Katie McGill	Osseo	5:31.14	2	6
4	Katy Nagel	Maple Grove	5:33.65	2	5
5	Lindsay Bachigalupo	Anoka	5:38.28	2	4
6	Heidi Lindeman	Coon Rapids	5:38.85	2	3
7	Monica Moreland	Osseo	5:40.15	2	2
8	Diana Berlinerblau	Anoka	5:44.13	2	1
9	Kim Korus	Elk River	5:47.93	2	
10	Chrissy Anderson	Coon Rapids	5:49.86	2	
11	Steph Nelson	Park Center	5:51.93	1	
12	Lisa Wannenen	Maple Grove	5:52.93	2	
13	Ashley Turner	Coon Rapids	5:55.73	1	
14	Kari Lindeman	Coon Rapids	5:55.90	2	
15	Katie Frazer	Osseo	5:56.53	1	
16	Adrea Salem	Park Center	6:00.77	2	
17	Stacy Schulz	Elk River	6:02.30	1	
18	Donna Peterson	Elk River	6:03.91	1	
19	Katie Alery	Anoka	6:05.28	2	
20	Heidi Stangl	Anoka	6:10.75	2	
21	Heather Fischer	Blaine	6:11.78	1	
22	Tiffany Banken	Elk River	6:12.85	1	
23	Sheila Hill	Maple Grove	6:15.88	1	
24	Melissa Bohnen	Blaine	6:17.89	1	
25	Sarah Nelson	Blaine	6:23.86	1	
26	Kacy Margotto	Park Center	6:38.21	1	
27	Julie Ann Schmitz	Blaine	6:40.48	1	
28	Megan Peterson	Park Center	7:08.51	1	

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COMPLETE RESULTS - FINALS

Girls 4x100 Meter Relay

Finals - Results - Tuesday 05/23/00

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	51.49	10
2	PC	Park Center	51.83	8
3	ER	Elk River	52.23	6
4	O	Osseo	53.16	5
5	CR	Coon Rapids	53.26	4
6	B	Blaine	54.30	3
7	MG	Maple Grove	55.00	2

Girls 4x400 Meter Relay

Finals - Results - Tuesday 05/23/00

PLACE	RELAY	AFFILIATION	TIME	PTS
1	A	Anoka	4:07.88	10
2	CR	Coon Rapids	4:13.35	8
3	O	Osseo	4:13.65	6
4	B	Blaine	4:23.36	5
5	MG	Maple Grove	4:28.33	4
6	ER	Elk River	4:29.06	3
7	PC	Park Center	4:50.25	2

Girls Triple Jump

Finals - Results - Monday 05/22/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Katie Timm	Anoka	35'03.00"	10
2	Alissa Ochs	Osseo	34'07.25"	8
3	Andrea Hansen	Anoka	34'02.50"	6
4	Kelsey Olson	Elk River	33'09.75"	5
5	Jenny Duerre	Coon Rapids	33'07.00"	4
6	Jamie Goffin	Coon Rapids	33'05.00"	3
7	Megan Sellheim	Elk River	33'00.75"	2
8	Jenny Larsen	Blaine	32'08.25"	1
9	Kristi Moravec	Maple Grove	31'10.25"	
10	Jenny Flavin	Blaine	31'03.00"	
10	Kellie Munson	Blaine	31'03.00"	
12	Liz Hiestand	Blaine	31'03.00"	
13	Sarah Greninger	Maple Grove	31'01.75"	
14	Christi Richmiller	Maple Grove	30'11.00"	
15	Jenny Geng	Park Center	30'09.00"	
16	JoCee Walberg	Anoka	30'09.00"	
17	Heather Benson	Blaine	30'08.50"	
18	Sarah Spaanem	Coon Rapids	30'05.00"	
19	Michelle Arko	Maple Grove	29'06.00"	
		Elk River	29'02.00"	
			28'06.25"	

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COMPLETE RESULTS - FINALS

Girls Triple Jump (Continued)

Finals - Results - Monday 05/22/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
20	Angie Carlson	Elk River	27'10.50"	---
21	Bre Rose	Park Center	27'02.25"	---
22	Bryca Broden	Park Center	24'09.75"	---
	- Katherine Kramber	Osseo		ND
	- Angela Mooney	Osseo		ND
	- Robin Frietag	Coon Rapids		ND
	- Kelly Bergum	Park Center		ND

Girls Discus Throw

Finals - Results - Monday 05/22/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Jessica Stephan	Blaine	133'04.00"	10
2	Crystal Baloun	Coon Rapids	122'03.00"	8
3	Sarah Walby	Coon Rapids	104'09.00"	6
4	Nadia Johnson	Park Center	104'01.00"	5
5	Corrine Heaney	Osseo	102'07.00"	4
6	Patty Grussing	Anoka	101'04.00"	3
7	Julie Warneke	Elk River	99'11.00"	2
8	Jessica Smith	Anoka	95'06.00"	1
9	Shannon Hurd	Elk River	91'00.00"	
10	Ilene Jones	Maple Grove	89'06.00"	
11	Amanda Wylie	Coon Rapids	88'06.00"	
12	Heather Sublet	Park Center	87'09.00"	
13	Vanessa Zamzow	Park Center	86'03.00"	
14	Kaye Rasmusson	Blaine	85'07.00"	
15	Leah Ortis	Park Center	85'04.00"	
16	Melissa Perovich	Blaine	85'03.00"	
17	Hana Peljto	Osseo	84'11.00"	
18	Jessica Quanrud	Elk River	84'10.00"	
19	Nicole Ledell	Osseo	82'07.00"	
20	Shanna Muller	Blaine	80'03.00"	
21	Carla Greene	Elk River	80'02.00"	
22	Abby White	Coon Rapids	79'10.00"	
23	Jen Wolfgram	Maple Grove	77'10.00"	
24	Laura Cranston	Anoka	75'11.00"	
25	Jill Plaster	Maple Grove	74'11.00"	
26	Courtney Magnuson	Anoka	71'07.00"	
27	Rachel Gammelgard	Osseo	69'06.00"	
	- Laura Nelson	Maple Grove		ND

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Girls High Jump

Finals - Results - Monday 05/22/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Katie Timm	Anoka	5'05.00"	10
2	Mary Truchon	Blaine	5'04.00"	8
3	Chelsea Warren	Maple Grove	5'04.00"	6
4	Andrea Hansen	Anoka	5'02.00"	4.50
4	Lindsey Achtelik	Maple Grove	5'02.00"	4.50
6	Sheri Netland	Coon Rapids	5'02.00"	3
7	Reanna Avery	Park Center	5'02.00"	2
8	Lisa Juth	Coon Rapids	5'02.00"	1
9	Laurisa Ewert	Anoka	5'02.00"	
10	Kelsey Olson	Elk River	5'00.00"	
10	Alissa Ochs	Osseo	5'00.00"	
10	Christi Richmiller	Park Center	5'00.00"	
10	Sarah DeRoo	Maple Grove	5'00.00"	
10	Breanna Rapacz	Coon Rapids	5'00.00"	
15	Amanda Nowak	Blaine	4'10.00"	
15	Jenna Brennen	Maple Grove	4'10.00"	
15	JoCee Walberg	Blaine	4'10.00"	
18	Kala Kortton	Coon Rapids	4'08.00"	
18	Jessica Spelbrink	Blaine	4'08.00"	
20	Brooke Zachman	Elk River	4'06.00"	
20	Adda Ojiaku	Park Center	4'06.00"	
20	Becca Price	Park Center	4'06.00"	

Girls Shot Put

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Amanda Wylie	Coon Rapids	36'06.50"	10
2	Jessica Quanrud	Elk River	36'01.25"	8
3	Jessica Stephan	Blaine	36'00.50"	6
4	Crystal Baloun	Coon Rapids	34'10.50"	5
5	Patty Grussing	Anoka	34'10.50"	4
6	Jessica Smith	Anoka	34'09.25"	3
7	Sarah Walby	Coon Rapids	34'03.00"	2
8	Nicole Ledell	Osseo	33'11.75"	1
9	Julie Warneke	Elk River	33'06.75"	
10	Melody Miller	Osseo	32'08.00"	
11	Jessica Prody	Elk River	32'07.75"	
12	Amanda Garman	Blaine	32'03.75"	
13	Hana Peljto	Osseo	31'06.50"	
14	Melissa Perovich	Blaine	31'05.00"	
15	Carla Greene	Elk River	31'04.50"	
16	Tammy Lakkanen	Coon Rapids	31'03.50"	
17	Kaye Rasmusson	Blaine	31'02.25"	
18	Vanessa Zamzow	Park Center	30'04.75"	

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Girls Shot Put (Continued)

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
19	Heather Sublet	Park Center	30'01.50"	
20	Nadia Johnson	Park Center	30'00.00"	
21	Liz Hiestand	Maple Grove	28'11.00"	
22	Jill Plaster	Maple Grove	28'07.50"	
23	Corrine Heaney	Osseo	28'06.50"	
24	Laura Cranston	Anoka	27'02.50"	
25	Leah Ortis	Park Center	26'10.25"	
	- Laura Nelson	Maple Grove	ND	
	- Jen Wolfgram	Maple Grove	ND	
	- Jessica Skallet	Anoka	ND	

Girls Long Jump

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Leah Herrboldt	Elk River	16'03.50"	10
2	Jamie Goffin	Coon Rapids	15'08.00"	8
3	Reanna Avery	Park Center	15'04.00"	6
4	Shannon Jackson	Anoka	15'03.50"	5
5	Jenny Flavin	Blaine	14'09.00"	4
6	Jenny Geng	Anoka	14'09.00"	3
7	Chelsea Warren	Maple Grove	14'08.00"	2
8	Allison Ashley	Coon Rapids	14'08.00"	1
9	Kelsey Olson	Elk River	14'07.50"	
10	Kou Luogon	Park Center	14'03.00"	
11	Katie Timm	Anoka	14'02.00"	
12	Kellie Munson	Blaine	14'01.00"	
13	Rachel Nutter	Anoka	13'11.00"	
14	Sarah DeRoo	Maple Grove	13'10.00"	
14	Nancy Caldwell	Coon Rapids	13'10.00"	
16	JoCee Walberg	Blaine	13'08.00"	
17	Jennae Robinson	Park Center	13'06.00"	
17	Angie Busch	Maple Grove	13'06.00"	
17	Vanessa Dehn	Elk River	13'06.00"	
20	Becca Rinn	Elk River	13'01.50"	
21	Jenny Duerre	Coon Rapids	13'01.00"	
22	Jessica Arne	Blaine	12'09.00"	
23	Teresa Larson	Maple Grove	12'01.00"	
	- Jamie Bergom	Park Center	ND	
	- Katherine Kramber	Osseo	ND	

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COMPLETE RESULTS - FINALS

Girls Pole Vault

Finals - Results - Tuesday 05/23/00

PLACE	ATHLETE NAME	SCHOOL	MARK	PTS
1	Shannon Jackson	Anoka	10'09.00"	10
2	Heather Green	Elk River	10'06.00"	8
3	Bethany Renner	Anoka	10'06.00"	6
4	Annie Christiansen	Coon Rapids	9'06.00"	5
5	Colleen Morgan	Elk River	8'06.00"	4
6	Beth Bauer	Anoka	8'06.00"	3
7	Andrea Witherill	Anoka	8'00.00"	2
8	Angie Ferber	Maple Grove	8'00.00"	1
9	Megan McInnis	Blaine	8'00.00"	
10	Jessica Spelbrink	Blaine	8'00.00"	
11	Jenny Heiman	Blaine	7'06.00"	
11	Shelby Rohrer	Elk River	7'06.00"	
11	Heather Benson	Coon Rapids	7'06.00"	
14	Cindy Neseth	Coon Rapids	7'00.00"	
14	Virginia See	Maple Grove	7'00.00"	
16	Krista Glauner	Blaine	6'00.00"	
17	Emily Welker	Coon Rapids	6'00.00"	
-	Becky Weaver	Park Center		NH
-	Jacqueline Denison	Park Center		NH
-	Stephanie Nadeau	Elk River		NH